

## **Live & Learn Fall Workshops**

### **Harp Retreat**

**Date**

September 28-30, 2008

**Location**

April Point Resort & Spa on Quadra Island (3 hours north of Victoria)

**Price**

\$199 per person, including two nights accommodation, based on double occupancy

**Equipment**

Bring your harp, (or enquire about a rental with the instructor [mailyn@harpcanada.com](mailto:mailyn@harpcanada.com)), a music stand and a pencil

Explore the delights of playing the harp for the first time or hone your skills with an inspiring and energetic instructor – while enjoying the natural beauty of April Point Resort & Spa. Marilyn Rummel returns to lead a harp retreat for beginner through intermediate harpers.

Rental harps are available; please enquire by email to [marilyn@harpcanada.com](mailto:marilyn@harpcanada.com) to reserve.

**About your instructor**

Marilyn Rummel began to play harp about 25 years ago after studying flute and music education, and teaching band and choir in the public school system. She has studied harp with some of the foremost Celtic and Paraguayan harpers, and composes and arranges for the harp in addition to performing and teaching at Brentwood College and in her own studio.

Marilyn Rummel – [www.marilynrummel.ca](http://www.marilynrummel.ca); [marilyn@harpcanada.com](mailto:marilyn@harpcanada.com)

**About April Point Resort & Spa**

April Point Resort & Spa is an island getaway away from the crowds, featuring the elegant yet laid back atmosphere of the west coast. Enjoy wildlife tours, kayaking, fishing, spa treatments, island tours and sumptuous meals, all enhanced by the stunning natural beauty of Discovery Passage. Guests also enjoy the amenities of Painter's Lodge in Campbell River, connected by a complimentary scenic water shuttle.

For reservations or more information, please call 1-800-663-7090  
or visit [obmg.com/learn](http://obmg.com/learn)

## **Harp Retreat Itinerary – Please meet in salon A&B**

### **Sunday, September 28**

- 1:30 – 3:00 pm      Intro to Harp playing – very beginners only. This is your chance to get started with the basics that we'll use for the retreat.
- 3:00 pm              Resort check in
- 4:00 - 5:30 pm      Welcome harp circle
- 7:30 – 8:30 pm      Intro to ensemble pieces

### **Monday, September 29**

- 9:30 - 11:30        Technique Boot Camp (everyone) - Exercises that work, and what they help you with in the pieces you play. Exercises for the whole body, too. Please wear loose clothing to this class - we may end up lying on the floor!
- 1:00 – 2:00         Beginners time. Reading the ensemble music, and how to contribute to it at a beginner level.
- 2:30 – 3:30         Ensemble Class (non beginners). Playing the ensemble music – moving from the page to “real music.”
- 3:45 – 4:45         Ensemble class for all levels. We'll put the group together to create some beautiful music.
- 7:30 – 9:00         The Party Harp! (or the harp party). Playing from chord charts and lead sheets, how to play with other instruments and voices. Please bring along other instruments and if you have a guest at the retreat, they're welcome to join in this “mini-jam!”

### **Tuesday, September 30**

- 9:30 - 11:30        Ensemble and Wrap up session. Review of the theory, the tunes, and the techniques as well as a mini tuning workshop.
- 11:30                Group photo session
- 12:00                Resort check out

Harp rentals available - please contact the instructor directly. [marilyn@harpcanada.com](mailto:marilyn@harpcanada.com)

To see photos of last fall's Beginners Harp Retreat at April Point, go to:  
[http://www.marilynrummel.ca/news\\_archives.htm](http://www.marilynrummel.ca/news_archives.htm)

